

# A Survivor's Journey: Economic Abuse in the Workplace



**Career Promise**  
Rita is thriving at work and in line for a big promotion.

1



**Employment Sabotage**  
Her now ex-partner stalks and threatens her at work; damaging her focus and reputation.

3



**Promotion Lost**  
Rita is passed over for a promotion due to the disruption and stress impacting her work.

4



**Housing Sabotage**  
Rita's ex takes money meant for rent & bills; forcing her into debt and risks eviction.

6



7

**Lasting Consequences**  
Rita loses her housing, financial stability, and the career gains she had worked so hard for.

8

**Financial Sabotage**  
Her partner refuses to pay bills and leaves Rita covering expenses from her savings.

2



**Limited HR Support**  
When she asks for help, HR only offers unpaid leave and unspecific counseling referrals.

5

