# Model Restaurant Industry Training: Safety and Respect in the Workplace – Restaurant Managers' Training

# **Training Handouts**

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Workplaces Respond provides technical assistance to workplace stakeholders seeking to better prevent and respond to domestic violence, sexual assault, stalking, and harassment impacting the workplace. Scan this QR code to access the Resource Center.



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### Pre-Test

Please mark anywhere along the line with an "X" that best represents your level of understanding or knowledge. Your answers will remain anonymous.

**1.** I **understand** what sexual harassment, sexual assault, stalking, and domestic violence are.



2. I can recognize the signs that an employee has <u>experienced</u> violence or harassment.



**3.** I can **recognize the signs** that an employee **<u>is committing</u>** an act of violence or harassment.



4. I know what our **company's policies** are regarding violence and harassment.



5. I know what to do if I learn that an employee is <u>experiencing</u> violence or harassment at work or at home.



6. I know what to do if I learn that an employee <u>is committing</u> an act of violence or harassment at work or at home.



#### Thank you for taking this survey!

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## **Definitions in the Policy**

#### How is domestic violence defined?

Domestic violence is a pattern of coercive behavior, including acts or threatened acts, that is used by a perpetrator to gain power and control over a current or former spouse, family member, intimate partner, or person with whom the perpetrator shares a child in common. It occurs in all relationships and impacts individuals from all economic, educational, cultural, age, racial, and religious demographics. Domestic violence includes, but is not limited to, physical or sexual violence, emotional and/or psychological intimidation, verbal abuse, stalking, economic control, harassment, physical intimidation, or injury.

#### How is sexual violence defined?

Sexual violence means that someone forces or manipulates someone else into unwanted sexual activity without their consent. Reasons someone might not consent include fear, age, illness, disability, and/or influence of alcohol or other drugs. Anyone can experience sexual violence including: children, teens, adults, and elders. Those who sexually abuse can be acquaintances, family members, trusted individuals or strangers. Statistics show that the majority of perpetrators, however, are people the victim knows. Forms of sexual violence include: Rape or sexual assault; Child sexual assault and incest; Intimate partner sexual assault; Unwanted sexual contact/touching; Sexual harassment; Sexual exploitation; Showing one's genitals or naked body to other(s) without consent; Masturbating in public; and Watching someone in a private act without their knowledge or permission.

#### How is stalking defined?

Stalking refers to harassing, unwanted and/ or threatening behavior that causes the victim to fear for his or her safety or the safety of a family member, or would cause a reasonable person in a similar situation to fear for his or her safety. Stalking behavior includes, but is not limited to: following or spying on a person, appearing at a person's home or work, showing up at a place where the perpetrator has no reason to be, waiting at places in order to make unwanted contact with the victim or to monitor the victim, leaving unwanted items and gifts for the victim, and posting information or spreading rumors about the victim on the internet, in a public place, or by word of mouth. Stalking may occur through use of technology including, but not limited to e-mail, voice-mail, text messaging, and use of GPS and social networking sites. Stalking is strongly correlated to sexual assault and domestic violence.

#### Jenna Case Scenario

After the night that Earl damaged the diner, Jenna's boss Joe called Jenna into the back of the diner to discuss the incident.

Joe expressed to Jenna that he thought Earl was a real creep, and that he did not approve of their relationship. He told Jenna that she is the best pie baker in the whole state and has a great deal of potential to have a successful career. He told her he was afraid for her safety and that of her unborn child.

He explained to Jenna that although he did not want to lose her as a waitress and pie baker, he would have to let her go if she did not leave Earl. He explained that he is concerned for the well-being of his other employees and customers. "Earl is too much of a loose cannon," he stated, "and there is no telling what he might do next."

He suggested to her that she go to the court and obtain an order of protection to get him out of the house and to keep him away from the diner. Joe told Jenna that he read online that if Jenna won't go get one of these orders, he would go himself and get an order that keeps Earl away from Jenna while she is at work, whether she likes it or not. He gave Jenna an ultimatum: she has 48 hours to go get a protection order or he will go to court and get one himself.

Jenna, scared of the repercussions of Joe getting an order, quits.

#### **Discussion Questions:**

- 1. In what ways was Joe's response to Jenna effective and ineffective?
- 2. If this happened at your restaurant, how would you have responded?
- 3. What alternatives, legal and otherwise, would you suggest to Jenna? What are the safety considerations associated with each?
- 4. How does your response contribute to the culture you seek to create?

#### Local New York City Resources

Emergency Call:911Non-emergency calls for information:311Domestic Violence 24-hour Hotline:1-800-621-HOPE (4673)

#### Local Domestic Violence Advocacy Groups

CONNECT	212-683-0015	connectnyc.org
Safe Horizon	24-hour Hotline: 1-800- 621-HOPE (4673)	SafeHorizon.org
Sanctuary for Families	212-349-6009	sanctuaryforfamilies.org
New York Asian Women's Center	Multilingual: 1-888-888- 7702	NYAWC.org
Sakhi for South Asian Women	Multilingual: 212-868- 6741	Sakhi.org
Turning Point for Muslim Women and Families	718-883-9400	TPNY.org
Violence Intervention Program	24-hour Spanish bilingual Hotline: 1-800- 664-5880	VIPMujeres.org

#### Local Sexual Violence Advocacy Groups

New York City Alliance Against Sexual Assault Helpline	212-514-SAFE (7233)
Safe Horizon's Rape, Sexual Assault & Incest Hotline:	212-227-3000
Anti-Violence Project	24-hour Hotline: 212- 714-1141

#### Legal Assistance

Sanctuary for Families	212-349-6009	sanctuaryforfamilies.org		
CONNECT Legal	Spanish Bilingual			
Advocacy Helpline	Legal Helpline: (212)			
	683-0605 (Mon			
	Fri.9:30am – 5pm)			
Resources gathered by: CONNECT connect@connectnyc.org				

#### Please mark anywhere along the line with an "X" that best represents your level of understanding or knowledge. Your answers will remain anonymous.

7. I understand what sexual harassment, sexual assault, stalking, and domestic violence are.



8. I can recognize the signs that an employee has <u>experienced</u> violence or harassment.



9. I can recognize the signs that an employee <u>is committing</u> an act of violence or harassment.



**10.** I know what our **company's policies** are regarding violence and harassment.



11. I know what to do if I learn that an employee is <u>experiencing</u> violence or harassment at work or at home.



**12.** I know what to do if I learn that an employee <u>is committing</u> an act of violence or harassment at work or at home.

Help us give a better training!13.Something I learned today that I will use at work is:

14. Something I wish you had talked more about is:

15. Is there anything else you would like to tell us about the training?

#### Thank you for taking this survey!

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